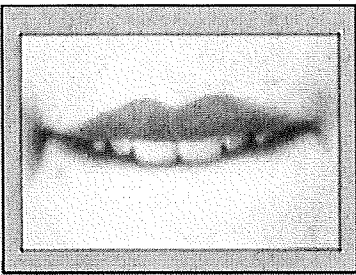
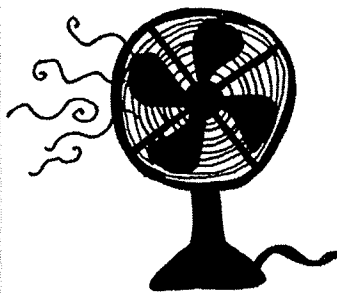


# F V



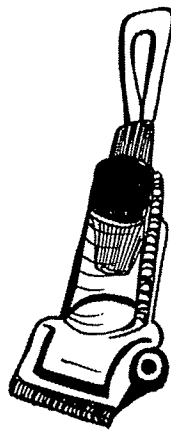
## "Fan sound"



My "f" sound is windy and noisy like a fan

## "Vacuum sound"

My "v" sound is like a noisy vacuum vvvroom!



## Help me practice making the "F" and "V" sounds!

- I take a big breath and keep it inside until my teeth and lips are ready to go
- My top teeth are on my bottom lip
- My air rushes out quickly, like letting air out of a balloon
- My voice is turned on when I say "vvv" and turned off when I say "fff"

## Something doesn't sound quite right...

It takes time to break old habits and develop a perfect sound! Consider these tips:

1

### When "f" sounds like "v" or "v" sounds like "f"

The only difference between these sounds is voicing. The voice is "turned on" when making the "v" sound. Put your hand on your throat - If you can feel it vibrating, the voice is turned on. The "f" sound is quieter because the vocal folds are open - you should not feel buzzy vibration in the throat.

2

### When "v" sounds like "b"

This may be a dialectal variation if the speaker uses Spanish influenced English. Dialectal variations are okay - They make us unique! If the difference is not due to dialect, practice turning the bottom lip in using a mirror and gently biting the bottom lip.

## I can make the sound... Now what?

Practice the words on these lists and then go on a sound hunt. Look at books, food labels, billboards... Everything and anything! Hang a list on the fridge and see how many words you can add! Practice your sound in isolation, then words, phrases, and sentences.

### Initial /f/ words

fan fight fun face

### Medial /f/ words

after muffin elephant beautiful

### Final /f/ words

leaf off laugh cough

### Initial /v/ words

van voice veggie visit

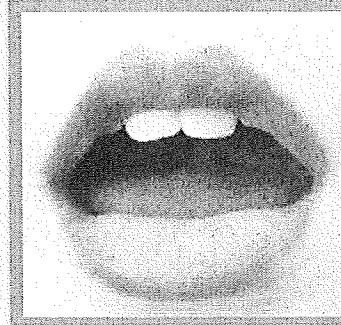
### Medial /v/ words

wavy avocado over movie

### Final /v/ words

love five have glove

# K G



## Help me practice making the "K" and "G" sounds!

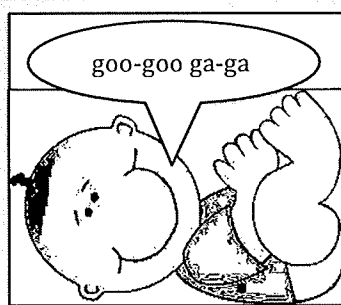
- My mouth is open.
- My tongue is high in the back and low in the front, like a slide.
- The sound comes from my throat, just like it does when coughing or gargling.
- My voice is turned off when I make the "K" sound. My voice is turned on when I make the "G" sound.

**K**  
"Coughing sound"



The "k" sound comes from my throat, like a cough.

**G**  
"Baby sound"



I sound like a baby saying "goo-goo ga-ga" when I make the "g" sound.

## Something doesn't sound quite right...

It takes time to break old habits and develop a perfect sound! Consider these tips:

- 1 When "k" sounds like "t" and "g" sounds like "d"

The tongue is not correctly raised in the back. To encourage contact in the correct position, have the child prolong the "h" sound and then cough. Or try holding out an "eeee" sound and then swallow - try to keep the voice turned on. It is also helpful to lie flat on the ground (on your back) when trying to make this sound. Gravity will help pull the tongue back!

2 **When "k" sounds like "g"**

You're so close! The last correction to make is to turn your voice off. This means that the vocal folds are not vibrating. Try whispering the sound.

**When "g" sounds like "k"**

You need to turn your voice on. This means that the vocal folds are vibrating. Try shouting the sound

## I can make the sound... Now what?

Practice the words on these lists and then go on a sound hunt. Look at books, food labels, billboards... Everything and anything! Hang a list on the fridge and see how many words you can add! Practice your sound in isolation, then words, phrases, and sentences.

### Initial /k/ words

key come camp comb kit call

### Medial /k/ words

chicken biking taco cooking uncle

### Final /k/ words

look duck bike neck pick

### Initial /g/ words

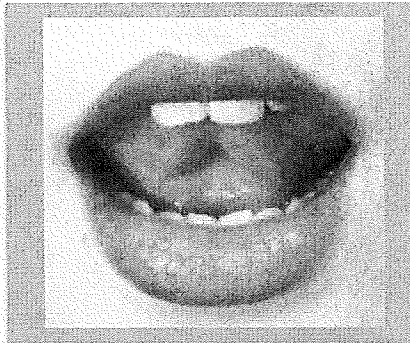
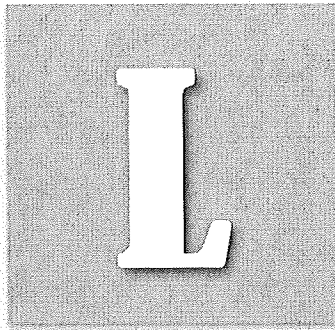
go get girl gift game gum

### Medial /g/ words

sugar eagle tiger yoga doggy

### Final /g/ words

bug dog leg jug fog pig

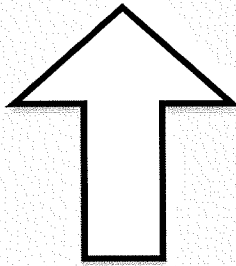


**Help me practice making the "L" sound!**

- My lips are apart and my mouth is open
- My tongue touches on the bumpy part right behind my front teeth.

"Lifting sound"

"Singing sound"



Sometimes we call "L" the "lifting sound" because my tongue lifts up like an elevator.



Sometimes we call "L" the "singing sound." La la la la!

**Something doesn't sound quite right...**

It takes time to break old habits and develop a perfect sound! Consider

1

**When "l" sounds more like "w"**

Make sure the lips are apart. Practice while looking in the mirror.

2

**When "l" sounds like "ah"**

Make the "ah" sound and then try lifting your tongue up to the hard bumpy ridge behind your teeth and then dropping it down quickly. Repeat this movement while saying "ah." It should begin to sound like "la la la."

### I can make the sound... Now what?

Great work! Now let's carry over that success into syllables, simple words, more complex words, phrases, sentences, readings, and conversation.

Practice the words on these lists and then go on a sound hunt. Look at books, food labels, billboards... Everything and anything! Hang a list on the fridge and see how many words you can add!

**Initial /l/ words**

lay low loot  
lamb lot loop

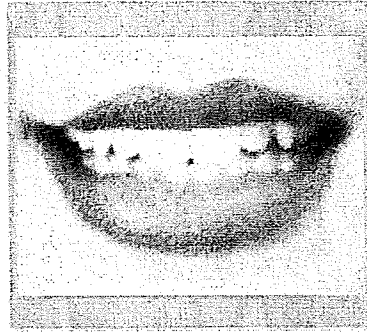
**Medial /l/ words**

mellow yellow below  
pillow callous dollar

**Final /l/ words**

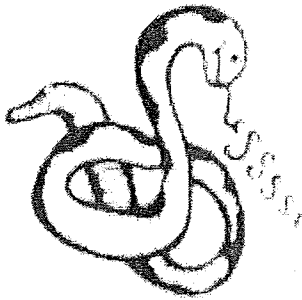
peel bell roll  
call hole mall

S Z



S

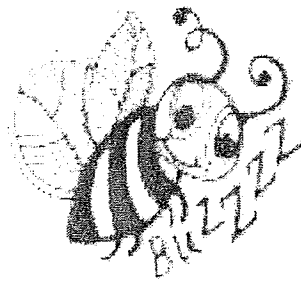
"Snake sound"



I sound like a hissing snake when I say "ssssss"!

Z

"Bee sound"



I sound like a buzzing bee when I say "zzzzz"!

### Help me practice making the "S" and "Z" sounds!

- My tongue is behind my teeth.
- My lips are pulled back, like a smile.
- The sides of my tongue are touching the inside of my back teeth.
- The air comes out over the middle of my tongue and out the front, not the sides.
- When I say "S," my voice is turned off. When I say "Z" my voice is turned on. I can feel it buzzing!

### Something doesn't sound quite right...

It takes time to break old habits and develop a perfect sound! Consider these tips:

1

#### When "s" sounds more like "th"

Make sure that the tongue is behind the teeth. Your tongue is like a snake in a cage and your teeth are the doors. Keep the doors closed!

2

#### When "s" or "z" sound "slushy" or "breathy"

The tongue is probably not stabilized in the back. Practice pushing out against the back molars with your "tongue elbows" to create a groove down the center. Don't let the air leak out over the sides of the tongue! Try shaping the sound from a t (for s) or d (for z). Start by saying the "tapping sound" quickly, "t-t-t-t-t-t." Do you feel your tongue behind your teeth, touching the bumpy ridge? Now try it again and hold out the last "t..." Make it a lazy "t." t-t-t-tssss." Continue practicing this sequence and then try the sound in final /ts/ and /dz/ words (below).

### I can make the sound... Now what?

Practice the words on these lists and then go on a sound hunt. Look at books, food labels, billboards... Everything and anything! Hang a list on the fridge and see how many words you can add! Practice your sound in isolation, then words, phrases, and sentences.

**Final /ts/ words**  
cuts cats eats sits

**Initial /s/ words**  
same sun soon sit

**Medial /s/ words**  
bossy castle glasses closer

**Final /s/ words**  
bus base dice face

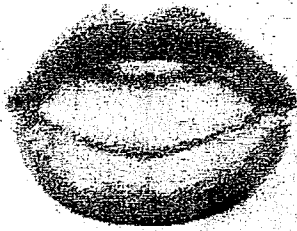
**Final /dz/**  
buds lads nods heads

**Initial /z/ words**  
zoo zap zero zone

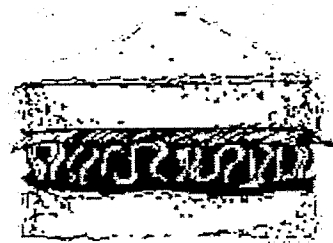
**Medial /z/ words**  
music noisy fuzzy dessert

**Final /z/ words**  
buzz nose dogs bees

# TH



## Tongue Sandwich Sound



We call the "th" the "tongue sandwich sound" because the tongue (the "meat") needs to stick between the teeth (the "bread")

### Help me practice making the "th" sound!

- My tongue sticks out through my teeth
- My air pushes over my tongue
- My top lip stays away from my tongue
- There are two kinds of "th" sounds.
  - o "th" is sometimes a noisy sound, like in the word "the." I need to turn my voice on to make this sound.
  - o "th" is sometimes a quiet sound, like in the word "bath." I need to turn my voice off to make this sound.

### Something doesn't sound quite right...

It takes time to break old habits and develop a perfect sound! Consider these tips:

1 The most common substitution for a "th" sound is an "f." If "th" sounds like "f," it is probably because the teeth are touching the bottom lip rather than the tongue. Look at these pictures. Which one is the correct placement for "th"? Which is correct for "f"?



2 If "th" sounds "spitty" be sure that the top lip is off of the tongue. Check it out in a mirror, PhotoBooth, or video recording. You might also need to swallow your saliva before practicing.

### I can make the sound... Now what?

Great work! Now let's carry over that success into syllables, simple words, more complex words, phrases, sentences, readings, and conversation.

Practice the words on these lists and then go on a sound hunt. Look at books, food labels, billboards... Everything and anything! Hang a list on the fridge and see how many words you can add!

#### Initial "th"

the they three  
thanks think this

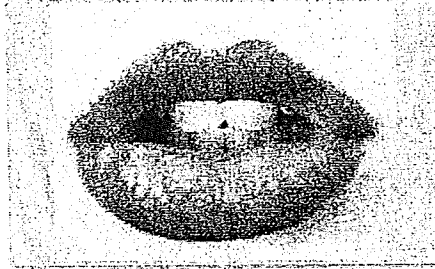
#### Medial "th"

bathtub python panther  
leather bathrobe mother

#### Final "th"

path math bath  
earth sloth teeth

# R

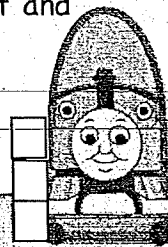


Growly sound



Help me practice making the 'R' sound!

- My lips are apart and my teeth are lightly together
- My tongue is like an elevator! My tongue is fat and flattened out in the back.
- The sides of my tongue touch up high on the inside of my teeth like a train's wheels on train tracks



Sometimes we call "R" the "growly sound" because it sounds like a bear!

**Something doesn't sound quite right...**

It takes time to break old habits and develop a clear sound! Consider these tips:



Placement cue

Hold fist near cheek with index finger and thumb extended. Curl index finger back in a bunching motion.



**When "r" sounds more like "w"**

Make sure the lips are apart. Practice while looking in the mirror.



**When "r" sounds like "uh"**

The back of the tongue is likely not stabilized between the back molars. Try shaping /r/ from /k/ or /g/. These sounds are produced in the back of the mouth, which helps get the tongue closer to the correct position. The long "eee" sound also has a similar effect; it helps raise the back portion of the tongue.

### Facilitative Contexts for /r/

- Most students experience success producing /r/ after /k/ or /g/ when it is followed by the vowel "eee." Start with these words first (list one).
- Vocalic /r/ is tricky. Try eliciting this type in the medial word position when it is preceded by "eee." Try these words next (list two).
- Try simple initial /r/ words followed by the "eee" sound. Encourage the student to say "k" before the /r/. Then, just "think k" and fade the "k" sound away (list three)
- To produce /r/ at the end of words, try attaching an initial /r/ word ("car-rrrrd")

1

green cream greedy  
creep Greek creek

2

hearing cheering period  
pyramid hero cheery

3

read ream row  
reek real rig